



ROPE ACCESS OPERATOR ARAA LEVEL 1

This course is designed to provide workers with the knowledge and practical skills to the level ARAA Level 1 Rope Access Basic Operator. Workers with this qualification may work under the supervision of a level 2 or level 3 ARAA operative depending on the specific site classification.



CERTIFICATION

Students that are deemed competent will receive an industry qualification from ARAA at Level 1 mapped against AS/NZS 4488 Industrial Rope Access Systems.

PREREQUISITE

Current (within 24 months) Nationally Accredited Work Safely at Heights certificate. If you do not hold this, you can do this one day course with us.

COURSE DURATION

The course runs for five days. It comprises of four days of training and a one day assessment.

PRICE

\$1,495 + GST per person for public courses. For group bookings of up to 6-8 participants please contact our office for an obligation free quote.

COURSE OBJECTIVES

Upon successful completion, candidates will gain knowledge of:

Theory

- › What defines 'rope access'
- › Legislation and governance material relating to working at height
- › Interpret JSA/SWMS/Risk Assessments
- › Risk control measures for rope access
- › Categories for working at height (work restraint, work positioning, fall arrest)
- › Inspect, care & maintain equipment

Practical

- › Knots and rope management
- › Equipment fitting and use
- › Use swing seat
- › Basic rigging & anchoring principles
- › Rope ascending and descending techniques
- › Passing knots, deviations & re-anchors while ascending and descending
- › Short and long rope transfers
- › Horizontal aid procedures & methods
- › Basic rescue procedures

Assessment

Students will be assessed by an independent assessor to determine their competency as a Level 1 operator both theoretically and practically.

The written test (theory assessment) and practical assessment shall be representative of the skills and knowledge required by ARAA as outlined in the ARAA Codes of Practice and ARAA Safe Practices for Rope Access Work.

The practical assessment will require students to demonstrate the skills learnt during training. These will include equipment fitting and use, basic rigging and basic rope manoeuvres as required.