



Work Safely at Heights Refresher RIIWHS204D



COURSE INTRODUCTION

This unit has been developed specifically to provide candidates with an opportunity to update their knowledge, skills and experience when undertaking work activity at height.

This course provides candidates with up date information allowing them to undertake their work activities in view to full compliance.

COURSE OBJECTIVES

Upon successful completion of the course, candidates will gain knowledge of:

THEORY

- Legislation and governance material relating to working at height
- What defines 'work at height'
- Hazard analysis and risk assessment
- Control measures for working at heights
- Categories for working at height (work restraint, work positioning, fall arrest)
- Legal requirements for equipment inspection and record keeping

PRACTICAL

- Correct inspection, fitting and adjustment of harness (including suspension in harness)
- Participation in SWMS to control risks for working at height
- Selection, setup and rigging of anchor straps and slings
- Pre-use inspection, installation and use of work restraint techniques
- Pre-use inspection, installation and use of fall arrest blocks/inertia reels
- Pre-use inspection, and use of single/twin leg fall arrest lanyards
- Pre-use inspection, installation and use of temporary horizontal safety lines
- Pre-use inspection, installation and use of height safety connectors
- Introduction to rescue using a pre-rigged workplace rescue system

Where appropriate additional client-specific topics will be covered.

ASSESSMENT

Students will be assessed to determine their competency in this unit both theoretically and practically. The theory assessment consists of multiple choice and short answer questions.

The practical assessment will require students to participate in hazard identification discussion and the completion of Job Safety Analysis documentation; select, pre-use inspect, put on and correctly fit a full body harness; and perform work at height using a selection of lanyards, snap hooks and karabiners that the student will attach to fixed anchor points.

To book in for this course please call us on 07 3862 2533

Certification

On successful completion students will be issued with a Statement of Attainment in "RIIWHS204D Work Safely at Heights"

Prerequisite

Existing qualification in Work Safely at Heights (within last 3 years)

Course Duration

Half day or 4 hours

Price

For group bookings of up to 10 participants please contact our office for an obligation free quote



CHOICE IN HEIGHT SAFETY, CONFINED SPACE & RESCUE

