

SHOCK ABSORBING LANYARDS

# PRACTICAL COMPLIANT LANYARDS WITHOUT COMPROMISING ON QUALITY



TRUSTED, QUALITY FALL PROTECTION

PRODUCT SHEET



# SHOCK ABSORBING LANYARDS

## IDEAL FOR FALL ARREST, WORK POSITIONING AND RESTRAINT

### Performance, Value and Safety

Our Protecta® range of general purpose fall arrest shock absorbing lanyards provide high quality compliance at an economical price that are trusted by workers.

- Durable webbing and steel hardware for strength and corrosion resistance
- Minimises shock loads on the body limiting the arresting forces to under 6kN in the event of a fall
- Visible lanyard and shock pack stitching for easy inspection
- Protected labels for durability and longevity
- Rated to 160kg - ideal for all workers regardless of shape, size and weight
- Ideal for use in all kinds of industrial environments and applications
- Various styles, lengths and hook/karabiner options are available to suit your specific job site needs.



Part Number	Connectors		Length	Weight (Approx.)	Tails	Flat Webbing	Elasticated Webbing	Adjustable
	Harness	Anchorage						
AE521AU	R-105-S-CE	R-105-S-CE	300mm	0.70kg	Single			
AE529/25AU	R-105-S-CE	9503319	1m	1.00kg	Single	✓		
AE529/13AU	9503319	9503319	1.5m	1.05kg	Single	✓		
AE529/3AU	9503319	9503319	2m	1.15kg	Single	✓		
AE529ADJ/3AU	9503319	9503319	2m	1.25kg	Single	✓		
AE529E/3AU	9503319	9503319	2m	1.25kg	Single	✓		✓
AE529Y/5AU	9503319	07153	2m	1.95kg	Twin		✓	
AE529EY/5AU	9503319	07153	2m	2.10kg	Twin		✓	
AE529FAU	R-105-S-CE	R-105-S-CE	2m	0.95kg	Single	✓		
AD104	R-105-S	-	2.1m	1.54kg	Single	✓		

**Webbing:** Polyester web - 45mm, AD104: Polymide Web - 48mm. **Thread:** Polyester. **Adjuster:** Fall arrest rated drop forged steel, 22kN. **Connectors:** Refer to separate product information sheets. **Capacity:** 50-160kg (combined weight of person, tools, clothing, etc.). **Minimum Breaking Strength:** 15kN. **Activation:** Activates at a minimum force of 200kg. **Maximum Arresting Force:** Impact force on user is kept below 6kN (in the event of a fall). **Lanyard Extension:** In the event of a fall lanyard may extend an additional length of 1.75m (not applicable for AD104). **Compatibility:** Designed for use with Capital Safety approved harnesses, components or systems, or as recommended by a competent person. **Standards:** AS/NZS 1891.1. **Country of Origin:** Australia, AD104 - France. **Special Instructions/Conditions of Use:** Reading user instruction manual prior to use is essential. If a dorsal extension is part of your harness the maximum lanyard assembly permitted is 1.7m or less.



Capital Safety - Australia & New Zealand  
 Australia: 1800 245 002 | New Zealand: 0800 212 505  
[www.capitalsafety.com.au](http://www.capitalsafety.com.au)  
[sales@capitalsafety.com.au](mailto:sales@capitalsafety.com.au)

